



**PETER
CALLAN**

PLASTIC SURGEON

Brow Lift

(Upper face lift)

What is it?

Brow lift is the repositioning of facial tissues back to where they belong to improve sagging brows and upper eyelids. It is important to note that a brow lift does not involve pulling the face tight or changing the way you look. It is about creating a more youthful and natural appearance. It is often (but not always) done in conjunction with a facelift.

Is Mr Callan experienced at this procedure?

Mr Callan has many years of experience at this procedure. He performs brow lift regularly and keeps up to date with the latest techniques. As a fully trained plastic surgeon, Mr Callan performs this procedure to the highest standard available.

Can I see photographs?

You can see photographs of people who have had this procedure when you have your consultation. As Mr Callan performs this procedure frequently, we have a large number of photographs of those who have a similar problem to yours.

Who has a brow lift?

Women or men have a brow lift when their brows start to sag to the extent that it is distressing them, and their brows show significant improvement when they are elevated. (Try this with your hands in front of the mirror.) It is important to note that men less commonly need a brow lift as low brows are normal for a man.

Am I suitable?

You need to be sensible and honest about your reasons for wanting a brow lift and happy with your informed decision. You should also be as healthy as possible. A time of personal crisis is no time to be making decisions about such surgery. It is important to remember that brow lift is used to fix gravitational changes in the face and is not a fix for fine lines and animation lines which are best dealt with by wrinkle treatments.

What would make me unsuitable for surgery?

Smoking, being outside the BMI (body mass index) range of 18-28, under stress when making your decision, or having a medical condition that would make surgery unsafe.

How is it done?

Mr Callan performs all his surgery at St John of God Hospital in Geelong, a fully accredited hospital. Brow lift is done via inconspicuous incisions placed in front of and in the hairline. The facial tissues are then tightened and the skin replaced in a more elevated, fresher and younger position.

What are the benefits?

What you get out of surgery is entirely a personal matter but a true rejuvenation of the face makes you look refreshed and younger. Your identity is fully maintained while improving your appearance. Most people will not know you have had it done but may comment that you look well or have lost weight or perhaps have been on a holiday.

What are the risks?

All surgery carries some element of risk. You can minimise your risk by being as healthy as possible and as psychologically prepared as possible, by selecting an experienced and qualified surgeon, and by giving yourself a stress free time during which to recover. The particular risks and complications of this surgery will be discussed at your first consultation. The most common of these is a little delayed healing along the incision lines. There are other risks common to all surgery and you will be made aware of these.

Will I have scars?

The incision lines are always present but will fade over the first six to 12 months. As a rule, the incision lines are inconspicuous.

How long will I be in hospital for?

Brow lift involves an overnight stay. Discomfort is minimal but you will be given medication if it is required to keep you comfortable.

How long will I need to recover?

This varies but usually you will need three weeks. After two weeks most people look fairly good but may still be a little swollen. After four weeks they look good and continue to improve. You must not drive until you are fully recovered from both the anaesthetic and the discomfort of surgery. If in doubt, don't.

Do I wear a garment after surgery?

No. You may have some bandages on for a few hours after the surgery.

Will I need to be seen after surgery?

Yes. We will keep in close contact with you by telephone for the first few days and then will see you about four days after surgery, then at eight days, three weeks and three months. You are of course welcome to call or visit any time with any concerns.