



**PETER
CALLAN**

PLASTIC SURGEON

Eyelid Ptosis Surgery

(Eyelid lift surgery, eye lift)

What is it?

Eyelid ptosis surgery is surgery on the upper eyelid to correct an eyelid that is too low and obscures vision or just looks too low. It may also address loose skin in the eyelids and can include a brow lift.

Is Mr Callan experienced at this procedure?

Mr Callan has many years of experience at this procedure. He performs eyelid ptosis surgery regularly and keeps up to date with the latest techniques. As a fully trained plastic surgeon, Mr Callan performs this procedure to the highest standard available.

Can I see photographs?

You can see photographs of people who have had this procedure when you have your consultation. As Mr Callan performs this procedure frequently, we have a large number of photographs of women who will have had a problem similar to yours.

Who has a blepharoplasty?

Men, women and occasionally children with an upper eyelid that is hanging too low. While often only one side is affected, in older people both sides may be affected.

Am I suitable?

You need to be sensible, honest about your reasons, happy with your informed decision, and be as healthy as possible. You should have normal vision (apart from needing glasses) and have no other problems with your eyes. The reason for your droopy eyelid must be one that has a surgical cure and not due to a medical condition. Mr Callan can usually assess this but you may also need to see an ophthalmologist.

What would make me unsuitable?

Smoking, being outside the BMI (body mass index) range of 18-28, under stress when making your decision, or having a medical condition that would make surgery unsafe.

How is it done?

Mr Callan performs all his surgery at St John of God Hospital in Geelong, a fully accredited hospital. The type of surgery depends on your specific form of ptosis. The most common form requires repair or tightening of the eyelid-opening mechanism through an incision in the upper eyelid. Occasionally some skin is removed and the upper eyelid fold recreated.

What are the benefits?

What you get out of surgery is entirely a personal matter. If your eyelids interfere with vision or look asymmetric then surgery may help a lot and may make you feel better about your appearance in general.

What are the risks?

All surgery carries some element of risk. You can minimise your risk by being as healthy as possible and as psychologically prepared as possible, by selecting an experienced and qualified surgeon, and giving yourself a stress free time during which to recover. The particular risks and complications of this surgery will be discussed at your first consultation. The most common of these is some residual mild asymmetry after surgery, which can usually be corrected within a few days with a minor adjustment. There are other risks common to all surgery and you will be made aware of these.

Will I have scars?

The incisions for the surgery are always present, but fade over the first six to 12 months. As a rule the incision lines are inconspicuous unless specifically searched for, and seem to fall naturally into the fold for the upper eyelid.

How long will I be in hospital for?

Eyelid surgery is usually done as a day procedure. While not particularly painful, some people are uncomfortable the first night. You will be given medication if it is required to keep you comfortable.

How long will I need to recover?

This varies but usually ranges from one to two weeks due to bruising and swelling. You must not drive until you are fully recovered from both the anaesthetic and the discomfort of surgery. If in doubt, don't.

Do I need anything else after surgery?

No. It may help to use gentle cool compresses for the first few hours and some eye lubricating ointment may be required while your eyelid gets used to its new position.

Will I need to be seen after surgery?

Yes. We will keep in close contact with you by telephone for the first few days and then will see you about 3-5 days after surgery, then at three weeks and three months. You are of course welcome to call or visit any time with any concerns.